

**3 ESSENTIAL
RELATIONSHIPS TO
MANIFEST YOUR GREATNESS**



Terrlyn L. Curry Avery, Ph.D., M.Div.



You were meant for greatness and you KNOW it!

You are ready to step fully into your calling or the next phase of your life's purpose.

You want to embrace and trust your inner divine wisdom, and let go of *any* and *all limiting beliefs*, so that you can impact the world on a larger scale.

**3 ESSENTIAL
RELATIONSHIPS TO
MANIFEST YOUR GREATNESS**

will start you on your journey! >>>



I know what it's like to journey towards greatness!

For years, I worked as a psychologist with my ideal clients. I was passionate about my work, felt like I was giving back, and believed I was making a difference in the world. All the while, there was a stirring inside of me that let me know there was more. My inner voice would let me know in subtle ways that each career move was only temporary.

And then... One day I was sitting in an audience listening to a much admired colleague and received a not so subtle loud and clear message that it was time for me to move out of my comfort zone to uncharted waters. And, I knew I had to respond to my calling, and I stepped forward.





I must admit that I haven't always known exactly where my calling would lead me.

But this I know...

I can trust my inner sacred self, my *sacred intelligence*, to help me make the choices that will manifest my greatness while helping others to do the same. I also know that my *Sacred, Selfish, and Shared*[™] relationships are key to manifesting the best of who I am. They have allowed me to serve on a broader platform and connected me to individuals across the globe, inspiring them to change their current circumstances and the world.

***Your SACRED, SELFISH, and
SHARED[™] relationships
are essential to
MANIFEST YOUR GREATNESS!***



YOUR SACRED RELATIONSHIP

Our strong sense of self begins with recognizing that we are spiritual beings created from divine goodness, love, and light. At times, we forget this truth. Why? Perhaps the busyness or chaos of life gets in the way of being in tune with our inner source. Some of us have never had the opportunity to be introduced to or simply be reminded of this truth. And then for some, strong religious doctrine has turned us off from spiritual connection (or engagement). For others, abuse and rejection by religious authority or family has left us feeling unloved or incapable of loving. So, we find ourselves engaging in unnecessary battles in life.



Trust your inner sacred source.

The sacred is available to each of us. It is there unconditionally to guide our paths. Strengthening our sacred relationship can help to bring us peace, assurance, clarity, and confidence. In order to trust this source, commit to your spiritual evolution and begin to search within to find guidance and answers.

Tips To Deepen Your Sacred Relationship

- Take a moment to center down—to find your quiet place.
- Practice listening, meditating, and journaling.
- Ask for what you need.
- Listen for prompting and direction that leads to greatness.
- Examine whether you are living your purpose.
- Tap into your own unique gifts and own your greatness.





YOUR SELFISH RELATIONSHIP

Your selfish relationship will require you to take a look at you and embark on a journey of self-discovery. This is the time to explore what is important to you, what makes you happy, and how you relate to others. If you take the time to discover you, you will have a healthier well-being and develop a greater capacity to share with others the best of who you are rather than a fraction of your true potential. You will discover your gifts and recognize ways to use them to transform your life and others.



Trust that you are capable and prepared.

Often, it is difficult to see our own gifts, talents, and greatness. We simply go about our lives engaging in our day to day tasks. Yet, others can see our lights shining from a mile away. To recognize, own, and explore your path to greatness, seek a wise, spiritual, and discerning advisor, coach, or therapist to help you along your journey. I am grateful for each "guiding hand" who offered me sage counsel throughout my life's journey.

Tips To Deepen Your Selfish Relationship

- Learn to say "yes" to yourself.
- Find your voice. Know who you are and do not respond to other folks' expectations of you.
- Reflect on your attitude, beliefs and behaviors. Do they represent who you want to be? If not, make the necessary changes.
- Get rid of limiting beliefs.
- Believe in yourself. Find your passion. Live your calling.
- Remember your strengths, gifts and tools that are always available to you.





YOUR SHARED RELATIONSHIPS

We are all interconnected. While it is important to have a strong selfish relationship, it is equally important to have strong shared relationships. It is our strong sense of self that allows us to connect with others in a healthy and harmonious manner. We are then able to see our shared humanity and understand that we are who we are because of those around us and vice versa. This new insight allows us to see greatness in others, even as we manifest our own greatness.



***Trust that it is time for you to step more fully
into your greatness!***

I could have chosen to ignore the internal voice and the voice of my dear colleague that prompted me to step out of my comfort zone into a world of the unknown. If I had, I may never have written a book, become a TEDx speaker, tapped television shows and a documovie in India, and hosted my own Public Access TV show, among other things. Isn't it time for you to step into greatness?

Tips to Deepen Your Shared Relationships

- See the greatness in others.
- Harness your resources.
- Advocate for others.
- Equip others to transform their lives.





My wish for you is that you imagine a world beyond your current circumstance that allows you to more fully shine your light of greatness. Deepening your *Sacred*, *Selfish*, and *Shared*[™] relationships will propel you on your journey. As you go, remember:

YOU ARE DIVINELY CREATED.

YOU ARE LOVED UNCONDITIONALLY.

YOU ARE DESTINED FOR GREATNESS!

Email me at info@sacredintelligence.com so we can talk about how you can continue the journey to **manifest your greatness!** I also invite you to check out my blog at sacredintelligence.com for more help strategies.